**Voice Commands: Getting Started**

1. Use natural language.
2. Be specific.
3. Experiment with voice commands.
4. Important commands are “look” and “tell me more.”
5. If the glasses aren’t responding, take them off, fold them, unfold them, and put them back on.
6. You must keep the Meta View app on your phone open to use the glasses.
7. If you want to stop the glasses from talking, say “stop.”

**Voice Commands (Try your own!)**

The simplest way to use Meta is to say, “Hey, Meta, look.” Meta will describe what’s in front of you. If you are viewing a document or sign, the glasses will give you a general idea what the text is about. To find out more, you can say, “Tell me more,” you can ask questions, or you can ask Meta to read word-for-word.

When looking at a photo, scene, or object, you can keep saying, “Tell me more” to get more detailed information.

If you are wearing your glasses, and you accidentally say “Hey, SIRI,” instead of “Hey, Meta,” your phone will listen but your glasses will respond. For instance, if you say, “Siri, what time is it,” the answer will come through your glasses. Your phone will not respond. When using your glasses, it is always better to say, “Hey, Meta” to get the full benefits of the glasses.

**General Help**

* “Hey, Meta, how do you [task on the glasses that you don’t know how to do]?
* "Hey, Meta, offer tips and tricks for using Meta Glasses"
* "Hey, Meta, provide a tutorial on Meta Glasses"
* "Hey, Meta, what can you do?"

**Reading**

* “Hey, Meta, look.” (The glasses will tell you what the document is such as “phone bill.”)
* "Hey, Meta, read this document to me"
* "Hey, Meta, summarize document"
* "Hey, Meta, translate to [language]"
* "Hey, Meta, what is this document?"
* “Hey, Meta, tell me more”
  + If you want Meta to read the entire document word-for-word, say “Hey, Meta, read all of this document word-for-word.”
  + You can ask Meta specific questions about the document such as the doctor’s name, the date/time of the appointment, how much is the water bill, when is the water bill due, and who the letter/document is from. If there is a phone number on the document, you can even ask Meta to call the number such as “Hey, Meta, call the phone number to the doctor’s office.”

**Describing devices/objects/appliances**

* "Hey, Meta, look and tell me about this.” If you want more information, say “Tell me more.” You can also look at the box it comes in and it will tell about the product – even things that are not printed on the box.

**Reminders**

* “Hey, Meta, reminder.” The glasses will then ask, “What’s the reminder about?”
* "Hey, Meta, remind me to [take out the trash today at 1:30]”
* “Hey, Meta, Reminder: Meet [Bob at 4 p.m. today at Burger King]”
* Future events: “Hey, Meta, remind me about [Bob’s birthday party on June 8 at 9 a.m.]
* “Hey, Meta, read all reminders”
* “Hey, Meta, search my reminders”
* Glasses can remind you of medication schedule, class schedule, and pending appointments

\* At this time, you must use the Meta View app to delete or edit reminders

**Photo and Video Capture**

* "Hey, Meta, record [or take] a video.” Videos are 15-seconds.
* "Hey, Meta, stop recording"
* "Hey, Meta, take a photo"
* You can ask, “Hey, Meta, how long can you record a video for?”

**Calling and Messaging**

* “Hey, Meta, answer phone”
* "Hey, Meta, call [contact name]"
* "Hey, Meta, call [contact name] on Messenger/WhatsApp" (if you have use these apps)
* "Hey, Meta, send a message [or text] to [contact name]"
* "Hey, Meta, send a message to [contact name] on Messenger/WhatsApp/my phone" (if you have these apps)
* You have to double tap the right side of the glasses to hang up. Voice control does not hang up glasses at this time.
  + "Hey, Meta, read my messages."
  + "Hey, Meta, respond to [message]."
  + “Hey, Meta, send a picture to [contact]. The glasses will take a picture of what you’re looking at and text the picture.
  + “Hey, Meta, send a video to [contact]. The glasses will take 15-second video of what you’re looking at and text the video.

**Music and other apps**

Meta Glasses work with several apps. You will need the app on your phone and then you will need to connect them on the Meta View app.

* **Apple Music**: With Apple Music integration, you can stream your favorite songs, artists, and playlists directly from your Meta Glasses. You can even use voice control to play music, choose artists, or listen to playlists.
* **Spotify**: Spotify Tap is also available on Meta Glasses, allowing you to play personalized recommendations based on your listening preferences.
* **WhatsApp**
* **Messenger**
* **Facebook**
* **Instagram**
* **Amazon Music**
* **Audible**
* **Calm**
* **Shazam**

These integrations enable seamless music streaming and control, making your Meta Glasses an excellent accessory for music lovers. Meta Glasses will work with the free versions of the music apps.

* “Hey, Meta, play [artist’s or song name]”
* “Hey, Meta, play [genre of music]”
* "Hey, Meta, pause/play music"
* "Hey, Meta, next"
* “Hey, Meta, stop”
* "Hey, Meta, volume up"
* "Hey, Meta, volume down"
* “Hey, Meta, turn volume to 100%”

**Battery Status**

* "Hey, Meta, how much battery is left?"

**Orientation (Will need location service enabled on iPhone)**

* Hey, Meta, look and tell me the distance to the door"
* "Hey, Meta, how far away is [location]?"
* "Hey, Meta, what's around me?"
* "Hey, Meta, what's the nearest [business type]?"
* "Hey, Meta, what is my precise location?"
* "Hey, Meta, what's the nearest intersection?" (May or may not work)
* "Hey, Meta, what's the nearest street corner?" (May or may not work)

**Object Identification**

**Describing objects/devices/appliances**

* "Hey, Meta, look and tell me about this.” If you want more information, say “Tell me more.” You can also look at the box it comes in and it will tell about the product – even things that are not printed on the box.
* "Hey, Meta, look and describe this shirt”
* “Hey, Meta, look and tell me the color of these curtains”
* “Hey, Meta, look and describe what’s on my plate”
* "Hey, Meta, look and identify the object in my hand"
* "Hey, Meta, look and tell me what is to my left/right/in front of me"
* "Hey, Meta, look and tell me what the medication is”
* "Hey, Meta, look and tell me what medication's expiration date" (the glasses will not tell you the dosage)
* While looking a list of names/offices/departments, etc. next to phone numbers, say “Hey, Meta, look and tell me what the phone number is for [x-ray department]”
* To read digital display on microwaves, thermostats, and other devices: “Hey, Meta, look and tell me the number in the digital display

**Currency and Payment Identification**

* Credit card: “Hey, Meta, read.” Will tell you the type of credit card for the front of the card. On the back, it will tell you the card number and expiration date. You can also ask the glasses to read specific information such as credit card number, expiration date, or **C V V** number. A **C V V** number is the extra three- or four-digit number printed on your credit or debit card.
* For currency: Hey, Meta, read.”

**Other fun things to ask your Meta Glasses**

* "Hey, Meta, who sang the song “Time in a Bottle”? Tell me more about the artist."
* "Hey, Meta, what’s the population of Singapore?"
* "Hey, Meta, when was the Washington Monument built? How tall is it?"
  + "Hey, Meta, what's the weather like today?"
  + “Hey, Meta, what time is it?”
  + “Hey, Meta, what’s the date?”
  + “Hey, Meta, what will be the date 46 days from today?”
  + “Hey, Meta, who won the 1947 World Series?”
  + "Hey, Meta, what are some good gift ideas for my kids, ages 6 and 8? They're into arts and crafts."
  + "Hey, Meta, I can't attend a dinner tonight. Can you help me write a polite one-line message?"
  + "Hey, Meta, write a poem about what I’m looking at."

**Ask Meta about the World Around You (remember to follow up with “Tell me more”**

* "Hey, Meta, look and describe what I'm seeing."
* “Hey, Meta, look and tell me what kind of dog/cat/flowers/tree/car is that?”
* "Hey, Meta, translate this text into English/Spanish/French etc."
* "Hey, Meta, tell me how much water these flowers need."
* "Hey, Meta, scan this QR code." The website connected to the QR code will be sent directly to the phone.

**Other things to try:**

* What is the phone number to the nearest McDonald's?
* How do I use Uber eats?
* What's the nearest store that sells a bonsai trees?
* Where is the nearest pharmacy?
* Are there any senior centers in my area?
* I am a diabetic, how do I protect my feet?
* Does [store name] have delivery service?
* How do I make grilled ribs?
* Business card: “Hey, Meta, look.”
* Return address on envelope: “Hey, Meta, look.”

FAQ

1. HOW LONG DOES IT TAKE TO CHARGE MY GLASSES?

You can fully charge the glasses in approximately 75 minutes in the charging case. You can quickly charge the glasses to 50% in 22 minutes in the charging case.

1. HOW DO I CHECK THE CHARGE LEVEL OF MY GLASSES AND CASE?

There are two ways to check the charge level of your glasses and case:

a. Use the case LED

Your charging case has an LED indicator on the front of the case, which shows charge status of the case or glasses. When you open the case without your glasses inside, the LED will show the charge level of your case. Green means that your case has over 80% charge and orange means you have less than 80% charge. If you see red blinking, this means your case is out of battery. When you open the case and your glasses are charging inside, the LED will show the charge level of your glasses. Red means the case is out of battery or your glasses are not charging, green means that your glasses are fully charged, and pulsing orange means your glasses are charging. If your case is plugged in, the LED will remain on. If your case is not plugged in, the LED indicator will show charge level for 8 seconds.

b. Use the Meta AI app

When your glasses are connected to the app, you’ll be able to see the charge status on the main screen at the top left. You can also see the charging status within Settings. To see the case charging level within the app, dock your glasses in the charging case.

1. HOW LONG DO FULLY CHARGED GLASSES LAST?

Up to four hours with a single charge and up to 36 hours with a fully charged case. A fully charged case has up to 32 hours of charge. The number of hours varies according to how you’re using the features.

1. HOW LONG DOES THE BATTERY LAST? / HOW OFTEN WILL I NEED RECHARGE? - Your Ray-Ban Meta glasses and charging case have a different charge lifecycle:   
     
   **Charging Case**  
   A fully charged case provides 8 additional frame charges. You can fully charge the case to 100% in 3.5 hours.  
     
   **Glasses Battery**  
   Fully charged glasses last up to 4 hours for moderate usage and up to 3 hours with continuous audio streaming and voice assistance. This may vary with use and other factors.

* The glasses can capture and sync up to 100 videos or up to 500 photos per full charge.
* You can fully charge the glasses to 100% in approximately 75 minutes in the charging case.
* You can quickly charge the glasses to 50% in 22 minutes in the charging case.

1. HOW DO I OPERATE THE CAMERA IN LOW LIGHT OR MOTION CONDITIONS?

The camera automatically adjusts to your environment for consistently high quality photo and video captures.

1. WHAT IS THE LEFT CAMERA LENS USED FOR?

The one on the left is not a camera, it is the capture LED. The capture LED is an external facing LED that signals to others when you're taking a photo or video.

1. HOW DO THE AUDIO CONTROLS WORK?

Use the touchpad on the right temple of your glasses to control playback and volume:

* + - Tap once to pause / resume playback
    - Tap once to pause or play audio
    - Double tap to skip forward
    - Triple tap to skip back
    - Swipe forward to turn the volume up
    - Swipe back to turn the volume down
    - When you close your glasses, audio streaming will pause. When you reopen the glasses, they will reconnect via Bluetooth.

1. HOW DO I ADJUST VOLUME ON MY GLASSES?

To adjust volume on your glasses, swipe forward on the touchpad to turn up volume and swipe back to turn down volume. You can also adjust the volume of system sounds in the Meta AI app. Some examples of system sounds include low-battery warning and a sound to indicate you're taking a photo.

To adjust the volume of system alerts:

1. From the Meta AI app, go to Settings  
2. Tap System Alerts  
3. Tap System Sounds

1. HOW DO I TURN MY GLASSES ON AND OFF?

* The power ON/OFF switch is located on the left inner arm of the glasses, near the hinge.
* To turn ON: Slide the power switch towards the lens, the notification LED starts blinking white. The white LED will blink while your glasses turn on. When it turns solid green, you’re ready to continue.
* To turn OFF: Slide the power switch all the way to the left, the notification LED starts blinking red to signal that the glasses have turned off.

1. HOW DO I TAKE A PICTURE OR VIDEO USING RAY-BAN META GLASSES?

There are two ways to take photos and videos with your Ray-Ban Meta glasses:

a. One-touch control

* To take a photo, press the capture button once. The white notification LED will blink and make a sound during the capture.
* To record a video, press and hold the capture button to record a 30-second, 60-second or 3-minute video. Press again to stop recording. The white notification LED will stay on while you're recording.
* The default video length is 30 seconds, but it can be extended to 3 minutes in Meta AI app settings.
  1. Hands-free voice command
* When Voice is wake word-enabled, you can use your voice to take a photo or video. Say "Hey Meta, take a photo" or "Hey Meta, take a video."
* When you take a photo or video, the capture LED will activate to indicate to those around you that you may be recording.