

# NDVS/SB Outreach Newsletter

May 2026

*Our mission is to provide specialized and individualized services for people of all ages who are blind or low vision by partnering with families, educators, and agencies to empower them in achieving their goals.*

## Keep Calm and Travel On!

Earlier this spring, three high school students traveled with NDVS/SB staff to the Twin Cities for a special program focused on Orientation and Mobility skills related to travel. Keep Calm and Travel On was last conducted in 2024, and both students and staff found it incredibly valuable. Hear from the this year's students about their favorite moments and what they learned.

**Name:** Kendall

**Grade:** Senior

**Favorite memory:**

Spending time with my second family and learning new skills and having a good time and laughing with everyone. The funniest part that we learned from was missing the bus to Como Park Zoo.

**Keep Calm & Travel On**

**Tip:** Always use your white cane if you have one and don't be scared to use it. Be an advocate for yourself and don't be scared to ask for help because in the real world you don't always have someone there to help you with everything.

### Captions

*Top near right: The students pose at the M&M Store at the Mall of America. Bottom near right: The students at the Hen House Eatery in downtown Minneapolis.*

*Far right: The group making their way onto the light rail.*

**Name:** Jordan

**Grade:** Sophomore

**Favorite memory:** Going to Legoland at the Mall of America because I love Legos.

**Keep Calm & Travel On Tip:**

Beware of traffic - not just car traffic but people traffic, like when you go into busy places.



*Jordan, Cindy, Paul, Lilly, Maddie, and Kendall at Como Park Zoo.*

**Name:** Maddie

**Grade:** Sophomore

**Favorite memory:**

Hanging out with my friends and going to places I've never been to before.

**Keep Calm & Travel On**

**Tip:** Don't be scared to try new things.



## A Transition to a Transition Position!

Our new Transition Specialist is a familiar face! Lilly Dunrud became our Transition Specialist in December. Read about her new role below.

I started working at NDVS/SB in December of 2018 as the APH Coordinator/Administrative Assistant. In December 2025, I was hired as the Transition Specialist, which truly has been a dream come true. Having worked here for so many years, I feel that knowing the ins and outs of the agency has made this transition into my new role so much smoother.

As the new Transition Specialist at NDVS/SB, I am excited to continue building my knowledge and skills so I can best support students who are blind or have low vision as they prepare for life after high school. My goal is to help students build confidence, independence, and self-advocacy skills while exploring career interests, post-secondary education, employment opportunities, independent living skills, and community involvement. I look forward to helping students and families navigate transition planning, connect with resources,

and develop the tools they need to successfully reach their personal goals.

I am passionate about helping students discover their strengths and supporting them as they transition into adulthood with confidence and independence. If you ever have transition-related questions or needs, please feel free to reach out to me at [ldunrud@nd.gov](mailto:ldunrud@nd.gov) or call (701) 795-2708. I'm always happy to support students and families throughout the transition process.

Outside of work, I live in East Grand Forks with my husband, Zach, and our son, Kayson, who will turn 2 in August. We have a couple of horses and two dogs. I've been riding horses my whole life, and I barrel race competitively. I also give riding lessons to 14 students at my grandparents' horse boarding stable, Triple M Stables.

I serve as the bookkeeper for the ND School for the Blind Foundation. Being part of the Foundation allows me to support the important work it does for students and families beyond my daily role at NDVS/SB. It is incredibly meaningful to be part of a Foundation that is so passionate about supporting students, families, and the mission of our school.

Read the entire article on our website: <https://www.ndvisionservices.com/news/transition-transition-position>



Above left, Lilly (center) co-led the Keep Calm and Travel On program to the Twin Cities earlier this spring. Above right, Lilly (right) with her husband, Zach, and son, Kayson.